

## WHITE FRAGILITY IN ACTION

1. Why are white people more receptive to other white people (rather than people of color) educating them on race? What does this say about the role white people must play in addressing systemic racism in society broadly and specifically in our homes, with our friends and family members, and in our workplaces with our colleagues?
2. What are the opportunities and dilemmas of white people educating each other on racism?
3. Discuss the *claims* on pp. 119-120. Have you ever made any of these claims yourself?
4. Now consider the *assumptions* underlying those claims on p. 121. Which ones have you held? Do you still hold some of these? If so, how do they function for you and what would it mean to you to shift them (what do you see yourself as having to “give up”)?
5. In your group, take turns speaking back to the assumptions your group members shared in question 4. Which speak backs were the most effective for you?
6. What is the language of self-defense and why is it problematic?